



CONNECTING PEOPLE • PLAY • PARKS



MARCH 2020

EVENTS

SAVE THE DATE

EASTER EGG HUNT

SATURDAY | APRIL 4 | 10AM
EXCELL PARK | FREE ADMISSION!
WALKING TO AGE 10

UNDERWATER EASTER EGG HUNT

MONDAY | APRIL 6 | 630PM
COMMUNITY CENTER POOL
AGES 3-12 | \$5 ADMISSION!

CALL FOR DETAILS @ (501) 982-4171

AQUATICS

SWIM LESSONS: SESSION 5 IN APRIL
TUES/THURS CLASSES
CLICK HERE FOR DETAILS

LIFEGUARD CLASS: APRIL 17-19
SESSION 2 | \$250 | **CLICK FOR DETAILS**
PRE-REQ TESTS ON TUES & THURS @ 7PM

CONTACT LISA AT (501) 982-4171

SHOOTING RANGE

CALL TO RESERVE A FIELD: (501) 241-2441

- ★ MAR 7: SHOOT FOR A CAUSE / BIG 50
- ★ MAR 8: MACK'S FIELD GUN SHOOT
- ★ MAR 15: COLLEGE SHOOT
- ★ MAR 28-29: SPRING BREAK 500 SHOOT

FOR DETAILS & MORE SHOOT VISIT:
WWW.JACKSONVILLESHOOTINGCOMPLEX.COM

ATHLETICS



REGISTRATION



YOUTH SOFTBALL & BASEBALL LEAGUE
DRAFT DAY - MARCH 7 - FIELD HOUSE
AGES 7&8 10AM | AGES 9&10 11AM
GAMES @ EXCELL PARK | APRIL 2020

FOR MORE DETAILS CONTACT LANDON
(501) 690-1722

ADULT SPRING SOFTBALL
TEAM REGISTRATION OPEN!

ADULT SOFTBALL LEAGUES
TEAM REGISTRATION FORM HERE
GAMES @ DUPREE PARK | APRIL 2020

FOR MORE DETAILS CONTACT LARRY
(501) 749-8705

WOMENS VOLLEYBALL LEAGUE
GAMES ON TUESDAYS @ THE CENTER

MENS BASKETBALL LEAGUE
GAMES ON SUNDAYS @ THE CENTER

MARTIN STREET



YOUTH CENTER

HOURS FOR SPRING BREAK FOR MSYC MEMBERS:
MON-THURS: 9A-6P | FRI: 9A-5P

NOT A MEMBER? SIGN UP!
SUMMER PROGRAM IS MAY 26 - AUG 14
NEED MORE DETAILS? CALL (501) 982-0818



COMMUNITY CENTER

IT'S A BIG DILL

SPORTS ARE GOOD FOR YOUR OVERALL HEALTH, AND THERE ARE DIFFERENT TYPES OF SPORTS YOU CAN CONSIDER. FOR INSTANCE, PICKLEBALL IS A SPORT THAT IS BOTH INTERESTING AND ALSO HELPS YOU TO STAY FIT.

WHAT IS PICKLEBALL, YOU ASK?

THE SPORT OF PICKLEBALL INVOLVES A COMBINATION OF OTHER SPORTS, SUCH AS BADMINTON, WIFFLE BALL, TENNIS, AND PING-PONG. THE GAME IS A PADDLE SPORT THAT USES A SOLID PADDLE MADE OF WOOD, AND IT RESEMBLES A PING-PONG RACKET. IN ADDITION, THE GAME INVOLVES A DURABLE AND LIGHTWEIGHT PERFORATED POLYMER BALL SIMILAR TO A WIFFLE BALL. IT CAN BE PLAYED IN BOTH SINGLES AND DOUBLES FORMAT, AND THE RULES ARE SIMILAR TO TENNIS.

BESIDES FUN, HERE ARE 10 BENEFITS YOU CAN OBTAIN FROM PLAYING PICKLEBALL:

IMPROVES WEIGHT MANAGEMENT, IMPROVES MENTAL HEALTH, CARDIOVASCULAR HEALTH, HELP TREAT OSTEOPOROSIS, IMPROVES FLEXIBILITY, HELPS PREVENT & MANAGE DIABETES, IMPROVE THE HEALTH OF YOUR FEET AND LEGS, HELP MINIMIZE CONDITIONS OF DEMENTIA AND ALZHEIMER'S DISEASE INCREASES MUSCLE STRENGTH. REGARDLESS OF YOUR AGE, PICKLEBALL CAN HELP IMPROVE YOUR OVERALL HEALTH.

CONTACT US ABOUT TIMES AVAILABLE TO PLAY! RESERVE A COURT TODAY!! (501) 982-4171

EVENT CENTER

WE'VE GOT THE RIGHT SPACE FOR ANY EVENT!

EVENTS OPEN TO THE PUBLIC

MAR 3: VOTING

MAR 14: MUSEUM OF MILITARY HISTORY FUNDRAISER

MAR 26: BLOOD DRIVE

★ **BOOK YOUR 2020 EVENT WITH US TODAY!** ★

PLANNING AN EVENT? CALL & ASK TO SPEAK WITH DARLA TO DISCUSS YOUR EVENT TODAY!! (501) 982-4171

**GIFT CERTIFICATES
AVAILABLE AT THE
COMMUNITY CENTER,
SHOOTING COMPLEX &
SPLASH ZONE!**

Let's Be Social

 JACKSONVILLEPARKSANDRECREATION

 JACKSONVILLE_PARKS_N_REC

 PARKSRECDEPTAR

 JACKSONVILLE PARKS & RECREATION

PARKS

PLAY BALL!

**3 REASONS TO SIGN YOUR SOFTBALL
TEAM UP TO PLAY IN A LEAGUE.**

1. STAY HEALTHY

SQUASH YOUR NEW YEAR'S RESOLUTION OUTSIDE OF THE GYM. THE EXCITEMENT OF PLAYING A GAME OF SOFTBALL WILL MAKE EXERCISE FEEL LESS LIKE A CHORE AND MORE LIKE A FUN WAY TO PASS THE TIME.

2. GET BACK IN THE GAME

REMEMBERING THE LIFELONG LESSONS THAT PLAYING SPORTS AS A CHILD OR TEENAGER - LIKE HOW TO ASSERT YOURSELF WITH CONFIDENCE OR THE POWER OF TEAMWORK.

3. FOSTER A SENSE OF COMMUNITY

BUILD A TEAM OF FRIENDS & MEET OTHER PLAYERS IN THE COMMUNITY WHEN YOU COMPETE.

CLICK **HERE** FOR MORE INFO.

GET AN ADULT SOFTBALL TEAM REGISTRATION FORM **HERE**. CONTACT US FOR MORE DETAILS (501) 982-4171.

SPLASH ZONE WATER PARK

2020 SEASON OPENING: MEMORIAL WEEKEND | MAY 23-25

2020 SEASON PASSES ON SALE NOW!

CLICK HERE FOR A 2020 BROCHURE

**SCHEDULE YOUR 2020 BIRTHDAY PARTIES AT
SPLASH ZONE!**

HOURS:

MONDAY - FRIDAY:
11:30AM - 6:30PM

SATURDAY, SUNDAY & HOLIDAYS:
12:00PM - 6:00PM

